



Dr. RATHAN KELKAR IAS
STATE MISSION DIRECTOR
NATIONAL HEALTH MISSION
GOVERNMENT OF KERALA



सत्यमेव जयते



NHM STATE MISSION OFFICE
General Hospital Junction, Thiruvananthapuram 695035
Telefax: 91- 471 - 2301181, 2302784, 9483899911
email: smdnrhm@gmail.com, Website: www.arogyakeralam.gov.in

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Quarantine series-5- Cleaning the room

Many expats have already reached our state from various other countries. Further many Keralites have returned from other states. They are kept in home quarantine/institutional quarantine. They have to remain in quarantine room for specific days. So, it is essential to maintain an adequate cleanliness to contain the spread of infection among caregivers & other family members.

Key points

- Quarantine room should occupy a separate area of the house as maximally away from the common living area.
- One fixed apparently healthy member of the group can act as caregiver.
- If the quarantined person is healthy, then the caregiver should not clean the room or other articles.
- Always wear mask & gloves while cleaning the room.
- Clean the floor, chair & other surfaces with 1% bleach solution.
- Avoid shaking the soiled linen and from coming into direct contact with the skin.
- Cloth should be cleaned using detergent and sun dry them before use.
- Use preferably long neck thick gloves when cleaning the surfaces or handling soiled linen
- Clean the toilet daily with 1% bleach solution
- Spit into an airtight closed container & discard sputum and other body fluid into the toilet after disinfecting it with 1% bleach solution.

STATE MISSION DIRECTOR (NHM)

[Handwritten Signature]
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